

## CST Regional Meeting Notes – August 5, 2009

Present: Mark Hayman, Nicole Johnson-Weltzin, Burnett, DHHD; Shannon Larson, Amanda Olson-Komisar, Buffalo DHHS; Tara, Mrozinski, Chippewa DHS; Amanda Muma, Clark DSS; Marcia Domecq, Sarah Leskela, Lesa Mrdutt, Douglas HRC; Dorinda Kobs, Lori Radcliffe, Dunn DHS; Carol Pulkrabek, Eau Claire DHS; Kristine Buehler, LaCrosse DHS; Lynn Schultz, Monroe DHS; Tascha Kinney, Pierce DHS; Corby Stark, Polk DHS; Dawn Campbell, St. Croix DHHS; Zach Todd, Trempealeau DHS; Cathy Maas, Washburn DHS; Howard Harrington, White Pine Counseling, Fred Heffling, AA.

### Discussion: CST and Crisis Integration

Burnett: Crisis plans are on file with the Crisis staff that provide Mobil services. Diversion includes using natural supports and also utilize a stabilization bed at Northwest Assessment Center.

Buffalo: Agency staff have received crisis response training. Crisis plans are operable. Feel they have good relationship with Law Enforcement. Buffalo does utilize a stabilization bed which they contract with LaCrosse County for.

St. Croix: County is mobil 24/7. Crisis plans on file with Law Enforcement and crisis staff. Excellent integration with Law Enforcement attending CST staffings. No formal stabilization site.

Polk: Polk utilizes mobil crisis after work hours until 12:30AM. Relationships with law enforcement have gotten better over time. Dispatch can access crisis plans from on-call crisis if needed.

Chippewa: Huge strides have been made with integrating crisis service throughout the agency within the past two years. Currently in the process of going 24/7 with mobil service.

LaCrosse: La Crosse utilizes a checklist called an Emergency Response Plan for assessing the level of crisis and subsequent response plan. Local sheltercare is utilized for stabilization purposes and has been successful. For developmentally disabled kids in crisis, Catholic Charities has become the primary agency to provide services.

Clark: Clark is currently moving towards enhancing crisis services within their county.

Eau Claire: Agency has a crisis coordinator and services have improved over the past several years. First point of contact is Great Rivers 211 and that system has been very helpful in diverting crisis to the appropriate resources. Has been an emphasis to be mobil to area schools. EC Academy is primary source for crisis respite. It has been a struggle with some families not following the crisis plan. Law Enforcement involvement with crisis planning has tapered off.

Pierce: Crisis plans are being utilized. There is a commitment from the county to enhance crisis services, including going mobil, by February of 2010.

Washburn: Fully integrated throughout the county. Excellent relationship with law enforcement.

Trempealeau: CST crisis plans have not yet been fully developed. There is also activity with developing and improving crisis services on a county level. New crisis provider began services in July.

Douglas: Human Resource Center (HRC) contracts with the county for crisis services. There is representation by law enforcement on the coordinating committee, but some gaps with officers actually using the crisis plans.

Dunn: Crisis plans are shared with their behavioral health unit who handle crisis services for the county. Staff feel the relationship is working well.

Training needs suggested: crisis assessments, defining what is a crisis for a family, how to write a good crisis plan, and de-socialization techniques.

Discussion: RPG (Regional Partnership Grant) and CST:

- >The integration of RPG and CST in agencies is at various levels of connection.
- >Some agencies see RPG as being less formal than CST / ISP.
- >Agencies see teaming as the primary systems –wide change regardless if working with an RPG family or CST family.
- >In some counties, CST staff have been utilized to train those staff connected to RPG in the teaming model.

Follow-up to previous CLTS / CST issue from last meeting:

- >State / County workgroup has been formed to clarify CST and CLTS waiver issues; St. Croix County asked to participate on workgroup...still waiting to meet.

Brief discussion on GEOC (Goals and Expected Outcomes Checklist). Recommendation is to complete with the Coordinating Committee as a means of keeping them involved and to stimulate discussion.

Discussion: CST and Domestic Violence

Howard and Dan are interested in knowing to what extent CST programs interact with the Domestic Violence system. There may be regional training developed based upon issues identified by CST programs.

CST challenges: Safety issues, No Contact Orders between parents, how to facilitate meetings under certain circumstances, threats of violence during team meeting and how to work with special provisions dictated by the judiciary.

Next Regional meeting: February 2010.