

Coordinated Services Team (CST)
Crisis Response Plan

(home, school, etc)

Crisis Response Plan for: _____ **DOB:** _____ **Plan Date:** _____

This plan has been distributed to: _____

Our favorite County Coordinated Services Team Crisis Response Plan

Crisis Response Plan for: Billy Q. Citizen DOB: 2/30/93

Plan Date: 2/30/03

Past behaviors/situations considered crises or safety concerns: Usually starts with refusal to comply with a request or to follow routine. Can escalate quickly to swearing, physical aggressiveness, destruction of property, and self-harm.

Mental Health Diagnoses: ADD & Intermittent Explosive Disorder; Mild Developmental Disability

Rx (include name of doctor prescribing: Lithobid, Trazodone, Trileptol, Risperdal; Dr. Ima Psychiatrist

Progressive list of interventions to respond to a Crisis/Safety situation:

* If at any time, Billy's behavior escalates to the point of harming himself, someone else, or destroying property, go directly to **Step 5**

1. **Praise Billy** for following requests and routines. Some reinforcers include: verbal praise, tokens, star for his chart, physical contact (e.g. hugs), and edible treats (cottage cheese, cereal, cookies, etc.)
2. If Billy refuses to comply with a request or routine, he usually physically distances himself from others (e.g. pushing his chair away from the table, crossing his arms and putting his head down). Allow Billy a **5-minute refusal**. Billy knows that he has this five minutes to regroup and come back to join the class.
3. If Billy's behavior escalates to the point of swearing or physical aggressiveness, he will be **escorted to the time out room** and given up to 30 minutes to deescalate and rejoin the class.
4. If Billy is not able to re-join the class after 30 minutes, he will be **removed from school**.
 - a. The following individuals can be contacted in this situation:
 - Joe & Sue Citizen (parents) 555-1111
 - Bob Advocate (family advocate) 555-2222
 - Ima Pal (mentor) 555-3333
 - b. If the above individuals are not available, and Billy has not committed a crime (e.g. property destruction, harming someone) he will receive 1:1 supervision by school staff (if possible) until someone can be reached to come get Billy. If 1:1 supervision is not possible, move on to step 5...
5. Contact law enforcement (555-0911) to transport Billy to the Work Release Center.
 - a. Once there, the officer should contact DHS intake (555-4444 officer: *Billy has a cognitive disability – it is important to be firm with him, but to also use very simplistic language; don't try and reason with him*
 - b. Social worker/on-call staff: If Billy is o.k. to go home, try and contact one of the individuals listed under 4A to come and get Billy. If no one can be reached by 3:30 OR if it is determined that Billy should not go home, the following options should be considered:
 - "My Favorite Daycare" (to be used only for a few hours and if Billy is not a danger to self or others)
 - County foster home (see Child & Family Unit Supervisor)
 - Hospitalization at Healme Hospital (if hospitalization is needed)

This Crisis Response Plan has been distributed to: DHS: Crisis On-Call Unit and Child & Family Unit, Sheriff's Department, Police Department, Ourtown School, Joe & Sue Citizen, other Coordinated Services team members