

TRANSITION RESOURCES

for Youth with Mental and/or Emotional Disorders and Their Families

"Transition Resources" is a work-in-progress and the Bureau of Prevention Treatment and Recovery welcomes your suggestions about statewide resources. Contact Marie Danforth at 1 W. Wilson St., R. 951, Madison, WI 53707-7851, call 608-266-2861, or e-mail marie.danforth@wisconsin.gov

This Guide can be downloaded from:
<http://www.wicollaborative.org/links.htm#Transition>.

This guide is a product of the Wisconsin Mental Health Transition Advisory Council

Updated 6/9/11

MENTAL HEALTH TRANSITION RESOURCES

A guide to assist youth with emotional or behavioral issues with their transition to adulthood

Don't have a computer to explore web sites? You can use your local library's for free.

Statewide Agencies and Organizations	
<i>Note: some of the following organizations provide information and referral while others provide direct service. Remember: Wisconsin's mental health system is county-based, and your county is the place to begin your search for assistance.</i>	
<p>Advocacy and Benefits Counseling for Health Inc. (ABC for Health) 32 W. Bassett Madison WI 53703 (608) 261-6939 (800) 585-4222 (toll free), Web: http://www.safetyweb.org</p>	<p>A nonprofit public interest law firm dedicated to ensuring health care access for children and families. Provides information, advocacy tools, legal services, and expert support. Their Health Insurance Guidebook is down-loadable from their site and explains eligibility criteria for various programs.</p>
<p>Department of Children and Family (DCF) Christine Lenske, Independent Living Coordinator 201 E. Washington St., E200 Madison, WI 53708-8916 (608) 267-7287 e-mail: christine.lenske@wisconsin.gov Web: http://dcf.wisconsin.gov/children/IndLiving/index.HTM</p>	<p>DCF provides independent living services to youth who are in, and transitioning to independence from, a court ordered out of home care placement (i.e. foster care). Independent Living services consist of life skills/independent living development activities starting at age 15 and can be offered up to age 21. See the web site.</p>
<p>Department of Health Services (DHS) Bureau of Prevention Treatment and Recovery 1 West Wilson St., R. 951 Madison WI 53707-7851 (608) 266-2861 e-mail: marie.danforth@wisconsin.gov</p>	<p>Marie Danforth can provide information regarding mental health and transition issues for children and adolescents.</p>
<p>DHS Division of Public Health Wisconsin Children and Youth with Special Health Care Needs (CYSHCN) Program – Statewide Coordinator Amy Whitehead. Regional listings follow * (800) 441-4576 Web: www.dhs.wisconsin.gov/health/children</p>	<p>Five regional CYSHCN Centers and a tribal agency provide free confidential assistance to families and providers including information about parent to parent support and connections, and services in the community.</p>

<p>*Children and Youth with Special Health Care Needs (CYSHCN) Regional Centers: GLITC – Great Lakes Inter-Tribal Council Lac du Flambeau (715) 588-3324 ext. 111 Web: www.glitc.org</p>	<p>The Great Lakes Inter-Tribal Council provides services to Native Americans in Wisconsin, Michigan, and Minnesota.</p>
<p>*Northern: Marathon County Health Department-Wausau (866) 640-4106 (toll free) Web: www.co.marathon.wi.us/cyshcn.asp</p>	<p>Counties served: Ashland, Bayfield, Florence, Forest, Iron, Langlade, Lincoln, Marathon, Oneida, Portage, Price, Sawyer, Taylor, Vilas, and Wood</p>
<p>*Northeastern: Children’s Hospital of Wisconsin – Fox Valley/Neenah (877) 568-5205 (toll free) Web: www.northeastregionalcenter.org</p>	<p>Brown, Calumet, Door, Fond du Lac, Green Lake, Kewaunee, Manitowoc, Marinette, Marquette, Menominee, Oconto, Outagamie, Shawano, Sheboygan, Waupaca, Waushara, and Winnebago</p>
<p>*Southeastern: Children’s Hospital of Wisconsin – Milwaukee (800) 234-5437 (toll free) (414) 266-6333 Web: http://www.southeastregionalcenter.org</p>	<p>Jefferson, Kenosha, Milwaukee, Ozaukee, Racine, Walworth, Washington, and Waukesha</p>
<p>*Southern: Waisman Center University of Wisconsin – Madison (800) 532-3321 (toll free) Web: www.waisman.wisc.edu/cshcn</p>	<p>Adams, Columbia, Crawford, Dane, Dodge, Grant, Green, Iowa, Juneau, Lafayette, Richland, Rock, and Sauk</p>
<p>*Western: Chippewa Co. Department of Public Health Chippewa Falls (800) 400-3678 (toll free) (715) 726-7900 Web: www.co.chippewa.wi.us/ccdph/cshcn</p>	<p>Barron, Buffalo, Burnett, Chippewa, Clark, Douglas, Dunn, Eau Claire, Jackson, LaCrosse, Monroe, Pepin, Pierce, Polk, Rusk, St. Croix, Trempealeau, Vernon, and Washburn</p>
<p>Regional Centers are open Monday – Friday during business hours. For 24 hours a day information and referral, call First Step Hotline 800- 642-7837 or see the Web: http://www.mch-hotlines.org.</p>	

<p>DHS Pathways Incentive Benefits Counseling To get help figuring out how earnings affect disability payments, healthcare, and other publicly funded benefits, in WI call: 1-800-710-9326 for information and assistance from Employment Resources, Inc. They will help you get and/or keep benefits while earning the maximum allowed.</p> <p>(see below for some specific programs)</p>	<p>Other options are:</p> <ul style="list-style-type: none"> • ask your DVR counselor; • use the Find A Benefits Specialist Tool at http://www.eri-wi.org/benefitspecialists.htm; • contact WI Work Incentives Benefit Specialist Association: http://www.wibsa.org; • see Ticket to Work with Social Security Work Incentives Planning and Assistance (WIPA) providers: http://www.yourtickettowork.com/wipas
<p>BadgerCare Plus Information about eligibility, benefits, etc. can be found at http://access.wi.gov, by calling 1-800-362-3002, or going to your local human services department. This program started in 2008 and is designed to expand access to comprehensive, affordable health care to more children, families, and pregnant women in Wisconsin. It is also for youth exiting out of a court ordered out of home care placement; there is no income requirement. See http://dhs.wi.gov/badgercareplus/ Some eligible participants will have a premium. When in doubt, apply!</p> <p>~~~~~</p> <p>*Medicaid Purchase Plan (MAPP) Contact your local county/tribal social or human service agency for detailed information. Also, more information can be obtained from Medicaid: 1-800-362-3992 (TTY and translation services are available) or through contact info listed under HEC below.</p> <p>~~~~~</p> <p>*Health and Employment Counseling (HEC) Amy Thomson, Statewide HED Coordinator / Technical Assistance Coordinator Employment Resources, Inc. http://www.eri-wi.org/HEC.htm Toll free: 1-800-391-2950</p>	<p>Eligible persons include: youth under age 19, regardless of income; pregnant women with incomes up to 300% of federal poverty level (FPL) (\$63,599 for a family of 4- FPL amounts change over time, so check); parents or relatives caring for a child with incomes up to 200% (\$42,400 for a family of 4); or those born after Jan 1, 1990 who are aging out of foster care. Also included: farm and other self employed families with incomes up to 200% - excludes depreciation - and parents of children in foster care working on a reunification plan. See web or call for details and premium info.</p> <p>~~~~~</p> <p>MAPP offers folks with disabilities who <u>are working or interested in doing so</u> the opportunity to buy health care coverage through the WI Medicaid Program. Depending on income, a premium payment may be required. Eligibility requirements include: 18 or over, WI resident, individual countable assets of less than \$15,000 (a home or one vehicle isn't considered as an asset), determined to have a disability by the DHS Disability Determination Board, in paid employment, enrolled in HEC (see below), and have an adjusted family income of less than 250% of the federal poverty level, based on family size. Your county can help you determine this. Not family coverage.</p> <p>~~~~~</p> <p>HEC allows people with disabilities who are <u>not yet working</u> to enroll in MAPP while looking for employment. Participants buy their Medicaid through MAPP by paying a monthly premium based on their income; if no income, no premium. Call for more information.</p>

<p>Department of Public Instruction (DPI) Wendi Dawson Education Consultant, Special Education Team 125 S. Webster Street Madison WI 53703 (608) 266-1146 e-mail: wendi.dawson@dpi.wi.gov</p> <p>~~~~~</p> <p>Information on GEDs and HSEDs, including locations for taking tests, can be found at: http://dpi.wi.gov/ged_hsed/index.html (there is an underscore _ between ged and hsed)</p>	<p>Resource for working with schools and advocacy regarding transition planning. DPI does not take on individual cases but may have good advice on working with schools to help you get what you need.</p> <p>~~~~~</p> <p>Alternative Education options are listed at: http://www.dpi.wi.gov/alternativeed/index.html; they can help youth seeking alternatives to “school as usual” or who have dropped out.</p>
<p>Department of Workforce Development (DWD) Div. of Vocational Rehabilitation (DVR) Meredith Dressel 7900 West Burleigh Milwaukee WI 53222 (414) 874-1660 e-mail: meredith.dressel@dwd.wisconsin.gov Web: http://www.dwd.state.wi.us/dvr/tran.htm</p>	<p>A resource on any work/vocational issues for transition-aged youth; also knowledgeable about IEPs and transition planning. Web site has a 15-page listing of school liaisons, an article on payment for services (school or DRV), and much more.</p>
<p>Disability Navigators This program through the Department of Workforce Development was discontinued as of 12/31/10.</p>	
<p>Disability Rights Wisconsin (formerly Wisconsin Coalition for Advocacy) 131 W. Wilson Street, Suite 700 Madison WI 53703 Jill Gonzalez e-mail: jill.gonzalez@drwi.org (608) 267-0214 (800) 928-8778 (free to families and consumers) Web: http://www.disabilityrightswi.org</p>	<p>Provides assistance with special education IEPs, Behavior Intervention Plans, and free advocacy for youth with mental illness or emotional disorders, primarily those who reside in supervised living arrangements. Adults meeting the same criteria also served. Offices in Milwaukee and Rice Lake as well as Madison, see site for contact info.</p>
<p>Mental Health America (MHA) of Wisconsin 4th Street, Suite 200 Milwaukee WI 53703-2102 (877) 642-4630 (toll free) Or (414) 276-3122 Wisconsin site: http://mhawisconsin.org/children-adolescents.aspx National site: http://www.mentalhealthamerica.net/go/children</p>	<p>This Association is part of a national organization and can connect you to other parts of the country. MHA offers supportive services, works to raise awareness and reduce stigma, advocates on behalf of persons with mental illness, provides prompt, accurate assistance, and have a speakers’ bureau. Wisconsin site has mental health resources by county; you can just click on a map – excellent.</p>

<p>National Alliance on Mental Illness (NAMI) of WI 4233 W. Beltline Hwy. Madison WI 53711 (800) 236-2988 (toll free) or (608) 268-6000 Web: www.namiwisconsin.org National site: www.nami.org.</p>	<p>Information and resources for families of adults and youth affected by severe mental illness. NAMI offers advocacy, a lending library, info on local affiliates, public education and policy, support groups for family members, etc. National site has information on medications, national policy efforts, and more.</p>
<p>Wisconsin Family Assistance Center for Education, Training, and Support (FACETS) 2714 N. Dr. Martin Luther King Drive Milwaukee WI 53212 (877) 374-4677 (toll free) e-mail: wifacets@execpc.com Web: www.wifacets.org</p>	<p>Provides information, referral, and basic or specialized workshops, including one on transitioning. Offers assistance to parents & professionals writing IEPs. Its mission is to serve WI children and adults with disabilities, their families, and those who support them. There is an IEP guide on the site in Spanish.</p>
<p>Wisconsin Family Ties (WFT) 16 N. Carroll St., Suite 240 Madison WI 53703 (800) 422-7145 (toll free for parents) FAX: (608) 267-6801; e-mail: info@wifamilyties.org Web: http://www.wifamilyties.org</p>	<p>Wisconsin's primary agency for information, resources, and referral for parents of youth with emotional and behavioral disorders, WFT supports a statewide network of advocates. Some localities offer support groups for parents. See site for info on the annual Family Fun Day, Children Come First Conference, etc.</p>
<p>Wisconsin Technical College System Tom Heffron, Education Director – Disability Services/Financial Aid 4622 University Avenue Madison WI 53707 608-266-3738, TTY 608-267-2483 Tom.heffron@wtcsystem.edu Web: http://systemattic.wtcsystem.edu</p>	<p>“A WI Disability Documentation Guide: Helping People with Disabilities Prepare for Post-Secondary Education and Training (January, 2011)” can be found on the WTCS website. In this Transition Resource Guide, see pages 12 thru 29 for a listing of Key Contacts for Students with Disabilities for the 16 technical colleges in Wisconsin. Contacts can explain possible accommodations and potential financial resources to help you if you want to attend a technical college. You might be surprised – and pleased, about how they can help.</p>
<p>Wisconsin United for Mental Health 800-448-5148 Web: www.wimentalhealth.org Also, specific to Wisconsin: http://www.mhawisconsin.org/children-adolescents.aspx (good fact sheets)</p>	<p>A partnership of public and private organizations created to provide education about mental illness and to serve as a resource. It offers information on: mental illnesses as real, common, and treatable; consumer rights; overcoming stigma; co-occurring physical and mental illnesses; recovery; and more.</p>

PRIVATE CONSULTANTS/ADVOCATES

Special Education Advocacy and Consulting Group (SEA)

Includes consultation for parents of students receiving special education services:

Chris Shafer at csn8377@aol.com

SEA provides the strategic, independent, and professional advocacy many parents need. The advice is non-legal but “beyond basics” and Ms. Shafer will attend IEPs. Sliding fee scale.

HELPFUL WEB SITES

There is a **Wisconsin Statewide Transition Initiative (WSTI) site** – and it is outstanding. While the site addresses all students with special education needs, not just those with mental health issues, it does have lots of links and provides information – for example, each county has a Resource Directory that can be found through the site; the directories include information about service agencies that can provide transition assistance to students and families. Check it out: www.wsti.org.

You can also learn about IDEA 2004 transition requirements and effective practice including State Performance Plan Indicator 13, the part of the Plan that requires that youth aged 16 and above have an IEP that includes coordinated, measurable, annual IEP goals and transition services that will reasonably enable the student to meet the post-secondary goals.

Some of these terms/ideas may strike you as alien and useless, but some may help you get an IEP that provides very practical assistance. The site provides contact information.

The web site <http://www.dbsalliance.org/pdfs/storm.pdf> features an outstanding booklet written for and illustrated by young and early adolescent children with bipolar disorder, entitled The Storm in My Brain. Down loadable. Can help others gain some insight.

There are several good Cooperative Educational Services Agencies (**CESA**) sites, but one (CESA 7) offers “**Writing IEP Goals**,” “**IEP Forms**,” and “**Special Education in Plain Language**” (the June 2009 revision) in English and Spanish and in a down-loadable format. Also find information on the Wisconsin Special Education Mediation System, tips for teachers on how to write IEPs, and links to other resources: <http://www.cesa7.k12.wi.us/sped/>. An excellent Q & A document on IDEA 2004 is available on the US House of Representatives web site, and CESA 7 has it posted as a PDF file (26 pages): address above + [/issues-2003IDEA/legupdates1.htm](http://www.cesa7.k12.wi.us/sped/issues-2003IDEA/legupdates1.htm), click on “Q & A on IDEA 2004”.

For youth living with **depression**, they may find kindred spirits in the forum at <http://teen-moods.net> Teen Moods International Community site. Also see Child and Adolescent Bipolar Foundation’s <http://www.bpkids.org/connect/forums> for bipolar youth - they have space devoted to teens and 20’s, and on p. 8, www.strengthofus.org.

Eating disorders, a not uncommon among teens, are addressed on many websites, the most recognized being www.nimh.nih.gov/health/topics/eating-disorders/index.shtml. Other sites give more local information and treatment options, but the National Institute of Mental Health (NIMH) is a good basic reference.

Do you think you are being denied employment or are being treated unfairly at work due to your emotional disorder or mental illness, or just because you are young? What constitutes discrimination? What can you do about it? You can look at the **Equal Employment Opportunity Commission** site, <http://eeoc.gov>. It provides information about discrimination based on disability and/or age - the Youth@Work Initiative link (www.eeoc.gov/youth/tips.html) relates more directly to age issues. Learn your rights!

Family Village, created by the Waisman Center at UW Madison, is a valuable, user friendly web-site for families of persons with disabilities. Find **information on a wide variety of physical and mental health issues**, including a legal center and House of Worship, and a parent to parent “match” program at: <http://www.familyvillage.wisc.edu/>.

The E-Learn, Inc. web site has numerous free articles and information designed to help young adults **prepare for the GED**. Articles include frequently asked questions, practice tests, GED eligibility, study skills, test tip scores, and ways to get motivated and manage test anxiety. Articles also address GED benefits and resources, where to take tests, and guides for finding financial aid and support. Visit: <http://www.passged.com/>

A federal site that might be of interest is the National Center on Secondary Education and Transition at www.ncset.org. The Center offers technical assistance and information designed to help youth with disabilities succeed. It also provides **information on youth involved in juvenile justice** – in relation to supports and special education issues, etc. It also has resources listed by state and other information.

The National **Kids as Self Advocates** (KASA) web site, <http://www.fvkasa.org/resources/health.html>, has some great transition resources on topics such as talking to your doctor, going to college, and transitioning to adulthood. It includes real-life stories by youth and young adults.

The National Dissemination Center for Children with Disabilities, known as NICHCY, at <http://www.nichcy.org>, is funded by the U. S. Department of Education, Office of Special Education Programs. It is a very good source of **information about IDEA**, the nation’s special education law, No Child Left Behind, and research-based effective educational practices. On the home page click on “Our Publications” to find **student guides** for finding a job, transitioning. If you click on A-Z Topics, you can find information on specific disorders, etc. Some materials are available in Spanish.

The **Love and Logic** approach promises to help parents (and teachers) raise children who are: “honest, caring, ethical, responsible, and prepared for the real world.” Conferences and workshops are offered occasionally in Wisconsin at a reasonable fee. These are listed on their web site, at <http://www.loveandlogic.com/>. It looks simply like a catalogue of products, but try the “articles” tab for some surprising and creative new ideas.

For expert, up-to-date information on a wide variety of child and adolescent **mental health issues**, check out the National Institute of Mental Health site: <http://www.nimh.nih.gov/> ; click on Mental Health Information. Another good source is the American Academy of Child and Adolescent Psychiatry at <http://www.aacap.org> ; see Resources for Families, then Facts for Families.

The Department of Public Instruction (DPI) has lots of similar information, but one bonus is that there is a “**possible school interventions**” **section for each disorder**, which makes it unique and gives you something to share with teachers and others. Go to <http://dpi.wi.gov>. The easiest way to get to what you want is to enter Child and Adolescent Mental Health Problems in the search box.

The National Alliance on Mental Illness (NAMI) has launched StrengthofUs.org, a new online community where **young adults living with mental health concerns can provide mutual support** in navigating the critical years from ages 18 to 25. StrengthofUs.org is a user-driven social networking community where members can connect with peers, share stories, creativity, helpful resources, blog, join discussion groups, and share videos and photos. See <http://www.strengthofus.org>.

REACHOUT.COM (<http://us.reachout.com>) has online mental health information and support service designed to help 16 – 24 year olds get through tough times. REACH OUT integrates youth generated, expert-reviewed information, and real life stories of how others have made it through with opportunities to connect in a supportive, safe environment. “Help yourself, help a friend, help others.”

The mission of PACER Center is to expand opportunities and enhance the quality of lives of children and youth with disabilities and their families, based on the concept of **parents helping parents**. Through its ALLIANCE and other national projects, PACER responds to thousands of parents and professionals each year. Coast to coast, PACER resources make a difference in the lives of 6.5 million children with disabilities nationwide. Also, site has excellent materials regarding bullying. See <http://www.pacer.org>. Spanish, Hmong, and Somali language options.

Partnership for Prescription Assistance at <http://www.pparx.org> provides “a helping hand from America’s pharmaceutical companies in partnership with doctors, nurses, and community groups.” To see if you may qualify for **free or nearly free prescription drugs**, answer some on-line questions about current medications and the site will show you a list of programs for which you may be eligible, along with on-line applications. Spanish option.

A site that is specifically for Wisconsin residents is BadgerRxGold at <http://www.badgerrxgold.com>; low cost prescription drugs, no age limit, no screening for pre-existing conditions. Can call 1-866-809-9382. Also, NAMI’s web site has some good info: <http://www.nami.org>. Type “prescription assistance” in the search box for suggestions for other programs that help with medication purchases. For more, click on “Find Support,” then child/teen.

The Department of Health Services also has a site that lists several options: <http://dhs.wisconsin.gov/guide/spec/freeprescr.htm>.

Self injury seems to be a growing trend among adolescents. There is some helpful information for teens and parents at http://helpguide.org/mental/self_injury.htm (underscore_ between self and injury). There are many sites; if the Helpguide site isn’t enough, just Google “self injury”.

Going to Work: A Guide to **Social Security Benefits and Employment** for Young People with Disabilities was updated for 2009. This Guide provides basic information about Social Security disability and health benefit programs, explains the impact of employment on benefits, and explains how to maximize options when starting work. The Guide has some information specific to Massachusetts, where it is published, but much of the information is general to all. It is available at http://www.communityinclusion.org/article.php?article_id=211. Note underscore between article_id.

“Intersection: Navigating the Road to Work” is an electronic newsletter of the National Collaborative on Workforce and Disability for Youth; you can sign up for it at: <http://www.NCWD-youth.info>. This site may be more appropriate for social workers, case managers, job coaches, etc. but it does offer a bigger national picture of **issues that impact youth with disabilities who are looking for jobs**.

If **substance abuse issues** are of concern, see <http://www.samhsa.gov>. Put “Alcohol and Drug Facts” in the search box for information on specific drugs, locating near by treatment, etc; you can also order their free publications. The toll free number for treatment locations is 1-800-662-HELP. Many materials and the HELP line available in Spanish.

There are “**wraparound**” **programs for children** in many Wisconsin counties. If you want to learn which programs, if any, are available in your county, find out how to organize a wraparound process for a youth in the absence of an “official” program, or even download this Transition Resources document, go to <http://www.wicollaborative.org>.

If you are curious about the possibility of attending a **Wisconsin Technical College**, this site is excellent. Check out <http://www.witechcolleges.org>. Learn about apprenticeship programs, GED/HSED programs, etc. Also see page 5 for more about WI Technical College System.

BOOK SUGGESTIONS

Attention Deficit Disorder is a very common diagnosis for children, but just because it is common does not mean it is minor. The impact of ADD on the child and then the adult he/she grows up to be is enormous and usually very negative. Two books by the same authors come highly recommended: [Driven to Distraction: Recognizing and Coping with ADD from Childhood to Adulthood](#) and [Delivered from Distraction: Getting the Most out of Life with ADD](#) by Edward M. Hallowell M.D. and John J. Ratey M.D. Both have been big sellers and should be available from your library or can be ordered from Amazon for about \$10 apiece. Good investment.

[Beginning to Heal: A First Book for Survivors of Child Sexual Abuse](#), by Ellen Bass, is appropriate for adolescents and is a must read for those that care about them. It offers hope, support, and guidance for all survivors hoping to start to heal. No matter how great the pain, this book guides youth through the healing process, from remembering and crisis times to breaking the silence, grief, anger, resolution, and moving on. It includes inspirational highlights, simple and accurate explanations, practical suggestions, and compelling first-person stories where survivors talk about their pain, their strength, and their triumphs.

The Bipolar Child by Demitri Papolos, M. D. and Janice Papolos details many areas such as diagnosis, treatments, medications, school issues, and IEPs for bipolar kids. It also addresses adolescence, suicide, the course of the disorder, family impact, psychiatric hospitalizations, and more. The authors incorporated a wealth of parents' knowledge into the book and it is highly recommended by parents.

The Complete IEP Guide by Lawrence M. Siegel is a very straightforward book and covers everything you ever wanted to know about IEPs. It features helpful tips and sample letter formats, assessments, the parents' role in developing goals and objectives, resolving disputes and filing complaints, and how to amend school files.

Books that also come highly recommended are The Boy Who Couldn't Stop Washing by Judith Rapoport, M.D. and Funny, You Don't Look Crazy: Life with OCD by Constance H. Foster. Both offer insight into Obsessive Compulsive Disorder and the often-perplexing behavior it generates.

The Curious Incident of the Dog in the Night-time is an intriguing best seller. Written by Mark Haddon, it tells the story of a neighborhood mystery from the viewpoint of a mathematically gifted 15-year-old boy with autism. His perspective on interacting with the world is fascinating and gives us a glimpse of his unimaginable difficulties and coping techniques – some of which are amazing.

Emotional Intelligence: Why It Can Matter More Than IQ by Daniel Goleman. This book is rather old ('95) but worthwhile. The author explains the emotional architecture of the brain, what comprises "emotional intelligence," and how the early years of life shape the emotional pathways. In its appendix it lists successful curriculums designed to socially and emotionally re-educate kids. The author believes that emotional intelligence is the "master aptitude" and includes self-awareness, impulse control, persistence, zeal and self-motivation, empathy, and social deftness, and that the window of opportunity for all of these is childhood. Mr. Goleman authored a subsequent book entitled Working with Emotional Intelligence that might be interesting; there is also a workbook.

Parenting Your Out of Control Teenager: 7 Steps to Reestablish and Reclaim Love is another book endorsed by parents. Dr. Scott Sells, Ph. D. explores the techniques our teens use with us and the behaviors we usually respond with that may actually reinforce negative activity. This book is full of innovative and effective responses for the family that has tried EVERYTHING to no avail. Dr. Sells goes one step further and explains the importance of abundant nurturing, especially for the difficult child or teen. He also gives very clear guidelines and a concise written contract system. Check out <http://www.difficult.net> for "immediate help for parents with difficult teens."

Also highly recommended is Kathleen Crowley's The Power of Procovery in Healing Mental Illness. It views *recovery* as reaching backward to recover a prior state of health, and reaching forward as *procovery*, to focus on life instead of illness. "A simple shift in focus can initiate a transformative cycle of healing. This book tells you how and why."

Surviving Schizophrenia: A Manual for Families, Consumers and Providers by E. Fuller Torrey, M.D. is the book recommended by NAMI and other organizations to promote understanding and coping techniques for this brain disorder. A large book (500 pages +), you can choose specific chapters that are most pertinent to your questions.

A great resource for information on the adolescent brain, to help both adults and adolescents understand teen behavior better, is Why Do They Act That Way? A Survival Guide to the Adolescent Brain for You and Your Teen by David Walsh PhD. Dr. Walsh has interesting information on his web site: <http://www.mediafamily.org>, “tips for parenting in a digital world,” including a report card on video games, dealing with sexting, etc.

TRANSITION COORDINATORS

The Wisconsin Statewide Transition Initiative (WSTI) is a Department of Public Instruction (DPI) state discretionary project that offers assistance for students with disabilities transition into adult life. Below are WSTI contacts and their assigned roles.

Title/Email Address		
Wendi Dawson	DPI Transition Consultant wendi.dawson@dpi.wi.gov	608-266-1146
Linda Maitrejean	Director, Wisconsin Statewide Transition Initiative (WSTI) & Transition Conference lindam@cesa11.k12.wi.us	715-986-2020 ext 2122
Kim Swenson	Regional Service Network (RSN) Director kims@cesa11.k12.wi.us	715-986-2020 ext 2179
Dave Nass	CESA #8 Transition Coordinator dnass@cesa8.k12.wi.us	920-855-2114 ext 250
Jennifer Ledin	CESA #12 Transition Coordinator jenniferm@cesa12.k12.wi.us	715-682-2363 ext 149
Mary Kampa	CESA #11 Post-High Coordinator kampam@shelllake.k12.wi.us	715-468-7814

Also, most CESAs have a web site that uses the formula [http://cesa.\(put number of cesa you want here\).k12.wi.us](http://cesa.(put number of cesa you want here).k12.wi.us) – excellent information available.

2010-2011 Wisconsin Technical College System Key Contact Persons for Students with Disabilities

Technical College	Contact	Services		Address	Telephone #	TTY	Fax
		Support	Transition				
WTC System Office	Thomas Heffron Education Director Disability Services & Financial Aid tom.heffron@wtcsystem.edu	x	x	4622 University Avenue P.O. Box 7874 Madison, WI 53707-7874	608-266-3738	608-267-2483	608-266-1690
Blackhawk	Christine Flottum Instructor / Program Coordinator cflottum@blackhawk.edu	x	x	<u>Central Campus</u> 6004 South County Road G Post Office Box 5009 Janesville, WI 53547-5009	608-757-7796	608-743-4422	608-757-7752
	Diane Murphy Disability Support Specialist dmurphy@blackhawk.edu	x	x	<u>Central Campus</u> 6004 South County Road G Post Office Box 5009 Janesville, WI 53547-5009	608-743-4422	608-743-4422	608-757-7752
	Pam Schumacher Transition Specialist pschumacher1@blackhawk.edu	x	x	<u>Central Campus</u> 6004 South County Road G Post Office Box 5009 Janesville, WI 53547-5009	608-757-7795	608-743-4422	608-757-7752
Chippewa Valley	Aaron Czappa Disability Services Specialist aczappa@cvtc.edu	x	x	<u>Eau Claire Business Education Center</u> 620 West Clairemont Ave Eau Claire, WI 54701-6162	715-852-1386	715-852-1344	715-833-6470
	Erin Poeschel Interpreter / Deaf & Hard of Hearing Specialist epoeschel1@cvtc.edu	x	x	<u>Eau Claire Business Education Center</u> 620 West Clairemont Ave Eau Claire, WI 54701-6162	715-858-1884	715-852-1344	715-852-6470
	Sue Volkman Disability Services Assistant svolkman@cvtc.edu	x	x	<u>Eau Claire Business Education Center</u> 620 West Clairemont Ave Eau Claire, WI 54701-6162	715-833-6234	715-852-1344	715-833-6470

Technical College	Contact	Services		Address	Telephone #	TTY	Fax
		Support	Transitio n				
Fox Valley	Karen Glad Special Needs Support Instructor glad@fvtc.edu	x	x	<u>Appleton Campus</u> 1825 North Bluemound Dr. P.O. Box 2277 Appleton, WI 54912-2277	920-735-5679	920-735-5679	920-831-4392
	Bruce Rathe Special Needs Support Instructor rathe@fvtc.edu	x	x	<u>Appleton Campus</u> 1825 North Bluemound Dr. P.O. Box 2277 Appleton, WI 54912-2277	920-735-5702	920-735-5702	920-831-4392
	Jan Case Special Needs Support Instructor casej@fvtc.edu	x	x	<u>Appleton Campus</u> 1825 North Bluemound Dr. P.O. Box 2277 Appleton, WI 54912-2277	920-735-2497	920-735-2497	920-831-4392
	Denise Martinez Director Student Affairs martinez@fvtc.edu			<u>Appleton Campus</u> 1825 North Bluemound Dr. P.O. Box 2277 Appleton, WI 54912-2277	920-735-5795		920-735-4713
	Rita Van Groll Special Needs Support Instructor vangroll@fvtc.edu	x	x	<u>Appleton Campus</u> 1825 North Bluemound Dr. P.O. Box 2277 Appleton, WI 54912-2277	920-735-2423	920-735-2423	920-831-4392
	Alice Heiden Special Needs Support Instructor heiden@fvtc.edu	x	x	<u>Oshkosh Riverside Campus</u> 150 North Campbell Rd. P.O. Box 2217 Oshkosh, WI 54903-2217	920-236-6155	920-236-6155	920-236-6130
Gateway	Tammi Summers Special Needs Instructor summerst@gtc.edu	x		<u>Kenosha Campus</u> 3520 – 30th Avenue Kenosha, WI 53144-1690	262-564-2448		262-564-2181
	Dawn Kaiser Special Needs Instructor kaiserd@gtc.edu	x		<u>Kenosha Campus</u> 3520 – 30th Avenue Kenosha, WI 53144-1690	262-564-2570		262-564-2181
	Leslie Utech	x		<u>Kenosha Campus</u>	262-564-	262-564-	262-564-

Technical College	Services Transition						
	Contact	Support	n	Address	Telephone #	TTY	Fax
	Deaf / Hard of Hearing Specialist utechl@gtc.edu			3520 – 30th Avenue Kenosha, WI 53144-1690	2564	2206	2301
	Patty Nesheim Special Needs Instructor nesheimp@gtc.edu	x		<u>Burlington Campus</u> 496 McCanna Parkway Burlington, WI 53105	262-767-5342		262-767-5201
	Nicole Gustafson Binger Special Needs Counselor gustafsonbingern@gtc.edu		x	<u>Burlington Campus</u> 496 McCanna Parkway Burlington, WI 53105 and <u>Elkhorn Campus</u> 400 County Road H Elkhorn, WI 53121	262-767-5418 262-767-5418		262-741-8301
	Sue Stokes-Nelson Special Needs Instructor stokes-nelsons@gtc.edu	x		<u>Elkhorn Campus</u> 400 County Road H Elkhorn, WI 53121	262-741-8420		262-741-8301
	Alyson Urdahl Special Needs Instructor – Deaf / Hard of Hearing urdahla@gtc.edu	x		<u>Elkhorn Campus</u> 400 County Road H Elkhorn, WI 53121	866-971-7688	262-741-8492	262-741-8301
	Linda Mahoney Special Needs Instructor mahoneyl@gtc.edu	x		<u>Elkhorn Campus</u> 400 County Road H Elkhorn, WI 53121	262-741-8348	262-741-8492	262-741-8301
	Pamela Herr Special Needs Instructor herrp@gtc.edu	x		<u>Racine Campus</u> 1001 South Main Street Racine WI 53403	262-619-6520		262-619-6301
	Elizabeth Mulhollon	x		<u>Racine Campus</u> 1001 South Main Street	262-619-		262-619-

Technical College	Services						
	Contact	Support	Transition	Address	Telephone #	TTY	Fax
	Special Needs Instructor mulhollone@gtc.edu			Racine WI 53403	6478		6301
	Nicole Wheatley Special Needs Counselor wheatleyn@gtc.edu	x	x	<u>Racine Campus</u> 1001 South Main Street Racine WI 53403	262-619-6586	262-619-6206	262-619-7612
	Leslie Utech Deaf / Hard of Hearing Specialist utechl@gtc.edu	x		<u>Racine Campus</u> 1001 South Main Street Racine WI 53403	262-619-6546	262-619-6206	262-619-6301
Lakeshore	Foua Hang Student Success Manager foua.hang@gotoltc.edu	x	x	<u>Cleveland Campus</u> 1290 North Avenue Cleveland, WI 53015-1414	920-693-1387	920-693-8956	920-693-1376
	Pam Thayer ADA Coordinator /Disability Services Coordinator pamela.thayer@gotoltc.edu	x	x	<u>Cleveland Campus</u> 1290 North Avenue Cleveland, WI 53015-1414	920-693-1690	920-693-8956	920-693-1363
	Beth Smittkamp Transition / High School Liaison nicole.kiss@gotoltc.edu		x	<u>Cleveland Campus</u> 1290 North Avenue Cleveland, WI 53015-1414	920-693-1261	920-693-8956	920-693-3561
	Sara Greenwood Transition / Student Recruitment sara.greenwood@gotoltc.edu		x	<u>Cleveland Campus</u> 1290 North Avenue Cleveland, WI 53015-1414	920-693-1145	920-693-8956	920-693-3561
Madison	Sandy Hall Director, Disability Resource Services	x		<u>Truax Campus</u> 3550 Anderson Street Madison, WI 53704	608-246-6791		608-246-6691

Technical College	Services						
	Contact	Support	Transition	Address	Telephone #	TTY	Fax
	sghall@matcmadison.edu						
	Kevin Carini Disability Resource Specialist – Adaptive Equipment kcarini@matcmadison.edu	x	x	<u>Truax Campus</u> 3550 Anderson Street Madison, WI 53704	608-243-4612		608-246-6691
	Marilyn Fayram Disability Resource Specialist mfayram@matcmadison.edu	x	x	<u>Truax Campus</u> 3550 Anderson Street Madison, WI 53704	608-246-6191		608-246-6691
	Jana Hicks Interpreter/Coordinator – Deaf and Hard of Hearing	x		<u>Truax Campus</u> 3550 Anderson Street Madison, WI 53704	608-246-6796 V/TTY		608-246-6691
	Todd Jones Disability Resource Specialist tcjones@matcmadison.edu	x	x	<u>Truax Campus</u> 3550 Anderson Street Madison, WI 53704	608-246-6365		
	Dave Medearis Disability Resource Specialist dmedearis@matcmadison.edu	x	x	<u>Portage Regional Campus</u> 330 West Collins Street Portage, WI 53901 <u>Reedsburg Regional Campus</u> 300 Alexander Ave Reedsburg, WI 53959	608-745-3117 V/TTY		
	Renee Thomas Interpreter/Coordinator – Deaf/Hard of Hearing	x	x	<u>Truax Campus</u> 3550 Anderson Street Madison, WI 53959	608-246-6796 V/TTY		
	Scott Ritter Disability Resource Specialist –	x	x	<u>Truax Campus</u> 3550 Anderson Street	608-246-6217		

Technical College	Services						
	Contact	Support	Transition	Address	Telephone #	TTY	Fax
	Auxiliary Aids sritter@matcmadison.edu			Madison, WI 53704			
	Beth Bremer Special Needs Instructor ebremer@matcmadison.edu	x		<u>Truax Campus</u> 3550 Anderson Street Madison, WI 53704	608-243-4373		
	Mary Heinrichs Special Needs Instructor heinrichs@matcmadison.edu	x		<u>Truax Campus</u> 3550 Anderson Street Madison, WI 53704	608-246-6673		
	Debbie Reichert Disability Resource Specialist dreichert@matcmadison.edu	x	x	<u>Downtown Education Center</u> 211 North Carroll Street Madison, WI 53703	608-259-2950		
	Diane Hust Special Needs Instructor dhust@matcmadison.edu	x		<u>Downtown Education Center</u> 211 North Carroll Street Madison, WI 53703	608-258-2411		
	Jamie Schlachter Disability Resource Specialist) schlachter@matcmadison.edu	x	x	<u>Truax Campus</u> 3550 Anderson Street Madison, WI 53704	608-745-3117		608-742-3386
	Giorgianne Maziarka Disability Resource Specialist (Fort Atkinson / Watertown Campuses) gmaziarka@matcmadison.edu	x	x	<u>Watertown Campus</u> 1300 West Main Street Watertown, WI 53098	920-206-8018	State Relay System – 711	608-246-6691
Mid-State	Patti Lloyd Disability Services Coordinator patti.lloyd@mstc.edu	x	x	<u>Wisconsin Rapids Campus</u> 500 – 32nd Street North Wisconsin Rapids, WI 54494	715-422-5452	State Relay System - 711	715-422-5440

Technical College	Services Transition			Address	Telephone #	TTY	Fax
	Contact	Support	n				
	Gina Klukas Testing Services / Assistive Technology Specialist gina.klukas@mstc.edu	x		<u>Wisconsin Rapids Campus</u> 500 – 32nd Street North Wisconsin Rapids, WI 54494	715-422-5455	State Relay System - 711	715-422-5440
	Mary Marks Disability Services Facilitator mary.marks@mstc.edu	x	x	<u>Stevens Point Campus</u> 933 Michigan Avenue Stevens Point, WI 54481	715-342-3113	State Relay System - 711	715-342-3134
Milwaukee	Pamela Curtin Coordinator The Learning Center Student Accommodation Services curtinp@matc.edu	x	x	<u>Downtown Milwaukee Campus</u> 700 West State Street Milwaukee, WI 53233-1443	414-297-7324	414-297-8982	414-297-8556
	Carolyn Spain Manager, Assessment & Interpreting Services spainc@matc.edu	x		<u>Downtown Milwaukee Campus</u> 700 West State Street Milwaukee, WI 53233-1443	414-297-6581	414-297-6986	414-297-8185
	Cheralyn Randall Manager, Grants & Development randallc@matc.edu	x		<u>Downtown Milwaukee Campus</u> 700 West State Street Milwaukee, WI 53233-1443	414-297-6874		414-297-7740
	Catherine Bohte Instructor / Coordinator The Learning Center Student Accommodation Services bohtec@matc.edu	x		<u>Downtown Milwaukee Campus</u> 700 West State Street Milwaukee, WI 53233-1443	414-297-6750	414-297-8982	414-297-7705
	Kathy Miles Transition Specialist	x	x	<u>Downtown Milwaukee Campus</u>	414-297-	414-297-	414-297-

Technical College	Services						
	Contact	Support	Transition	Address	Telephone #	TTY	Fax
	milesk@matc.edu			700 West State Street Milwaukee, WI 53233-1443	8770	8982	7705
	Carlos A. Aranda Transition Specialist arandac@matc.edu	x	x	<u>Downtown Milwaukee Campus</u> 700 West State Street Milwaukee, WI 53233-1443	414-297-6701 Transition Line # 414-297-7839	414-297-8982	414-297-7705
Moraine Park	Julie Lotto Learning Specialist jlotto@morainepark.edu	x	x	<u>Fond du Lac Campus</u> 235 North National Ave. P.O. Box 1940 Fond du Lac, WI 54936-1940	920-924-3196	920-929-2109	920-924-3421
	Craig Finley Special Services Associate cfinley@morainepark.edu	x	x	<u>Fond du Lac Campus</u> 235 North National Ave P.O. Box 1940 Fond du Lac, WI 54936-1940	920-924-3192 V/TTY	920-929-2109	920-924-3421
	Sigrid Nanna Support Specialist snanna@morainepark.edu	x		<u>Fond du Lac Campus</u> 235 North National Ave. P.O. Box 1940 Fond du Lac, WI 54936-1940	920-924-3188		920-924-3421
	Deb Gross Interpreter dgross@morainepark.edu	x		<u>Fond du Lac Campus</u> 235 North National Ave. P.O. Box 1940 Fond du Lac, WI 54936-1940	920-924-3361	920-929-2109	920-924-3421
	Wendy Christianson Learning Specialist	x	x	Beaver Dam Campus 700 Gould Street	920-887-		920-887-

Technical College	Services						
	Contact	Support	Transition	Address	Telephone #	TTY	Fax
	wchristianson@morainepark.edu			Beaver Dam, WI 53916-1994	4495		4454
	Debbie Falk Support Specialist dfalk@morainepark.edu	x		Beaver Dam Campus 700 Gould Street Beaver Dam, WI 53916-1994	920-887-4424		920-887-4454
	Mary Martin Interpreter mmartin@morainepark.edu	x		<u>West Bend Campus</u> 2151 North Main Street West Bend, WI 53090-1598	262-335-5857	262-335-5857	262-335-5818
	Bonnie Bauer Learning /Transition Specialist bbauer@morainepark.edu	x	x	<u>West Bend Campus</u> 2151 North Main Street West Bend, WI 53090-1598	262-335-5741	920-929-2109	262-335-5818
	Rachel Weber Disabled Students Specialist Rweber5@morainepark.edu	x	x	<u>West Bend Campus</u> 2151 North Main Street <u>West Bend, WI 53090-1598</u>	262-306-5300	920-929-2109	
Nicolet Area	Todd Allgood Director, Evaluation / Placement / Disability Support Services tallgood@nicoletcollege.edu	x	x	<u>Lake Julia Campus</u> 5364 College Drive P.O. Box 518 Rhineland, WI 54501-0518	715-365-4448 or 715-365-4509	715-365-4515	715-365-4542
	Cindy Schmitz Disability Support Services cschmitz@nicoletcollege.edu	x		<u>Lake Julia Campus</u> 5364 College Drive P.O. Box 518 Rhineland, WI 54501-0518	715-365-4581	715-365-4515	715-365-4542

Technical College	Contact	Services		Address	Telephone #	TTY	Fax
		Support	Transition				
	John Bates Disability Support Services jbates@nicoletcollege.edu	x		<u>Lake Julia Campus</u> 5364 College Drive P.O. Box 518 Rhineland, WI 54501-0518	715-365-4560	715-365-4515	715-365-4542
	Bob Steber Disability Support Services bsteber@nicoletcollege.edu	x		<u>Lake Julia Campus</u> 5364 College Drive P.O. Box 518 Rhineland, WI 54501-0518	715-365-4580	715-365-4515	715-365-4542
Northcentral	Jess Gaffney Director, Student Success Center gaffney@ntc.edu	x	x	<u>Wausau Campus</u> 1000 West Campus Drive Wausau, WI 54401	715-803-1195		715-301-2195
	Christine Munson Academic Support Specialist munson@ntc.edu	x		<u>Wausau Campus</u> 1000 West Campus Drive Wausau, WI 54401	715-803-1093		
	Barb Kiedrowski Interpreter / Scheduler kiedrows@ntc.edu	x		<u>Wausau Campus</u> 1000 West Campus Drive Wausau, WI 54401	715-803-1130		715-803-1679
	Lynn Brunke Accommodations Specialist brunke@ntc.edu	x		<u>Wausau Campus</u> 1000 West Campus Drive Wausau, WI 54401	715-803-1129		715-803-2129
	Karen Quick Accommodations Specialist quick@ntc.edu	x	x	<u>Wausau Campus</u> 1000 West Campus Drive Wausau, WI 54401	715-803-1125		715-803-2125
Northeast Wisconsin	Bridgett Golman Dean of Student Success bridgett.golman@nwtc.edu	x	x	<u>Green Bay Campus</u> 2740 West Mason Street P.O. Box 19042 Green Bay, WI 54307-	920-498-5447		

Technical College	Services Transition						
	Contact	Support	n	Address	Telephone #	TTY	Fax
				9042			
	Pam Stelzer Instructional Support Specialist pamela.stelzer@nwtc.edu	x		<u>Green Bay Campus</u> 2740 West Mason Street P.O. Box 19042 Green Bay, WI 54307-9042	920-498-6815	920-498-6901	920-491-3792
	Sarah Fischbach Sign Language Interpreter sarah.fischbach@nwtc.edu		x	<u>Green Bay Campus</u> 2740 West Mason Street P.O. Box 19042 Green Bay, WI 54307-9042	920-498-6264	920-498-6901	920-491-3792
	Sandy Barnick Special Needs Counselor sandra.barnick@nwtc.edu	x	x	<u>Green Bay Campus</u> 2740 West Mason Street P.O. Box 19042 Green Bay, WI 54307-9042	920-498-5755	920-498-6901	920-491-3792
	Kelly Schumacher Supervisor, Special Needs Support Staff kelly.schumacher@nwtc.edu	x		<u>Green Bay Campus</u> 2740 West Mason Street P.O. Box 19042 Green Bay, WI 54307-9042	920-498-6390	920-498-6901	920-498-6370
	Mee Saykao Counselor mee.saykao@nwtc.edu	x		<u>Green Bay Campus</u> 2740 West Mason Street P.O. Box 19042 Green Bay, WI 54307-9042	920-498-5691	920-498-6901	920-491-3792
	Susan Peterson Transition Coordinator susan.peterson@nwtc.edu	x		<u>Green Bay Campus</u> 2740 West Mason Street P.O. Box 19042 Green Bay, WI 54307-	920-498-6267	920-498-6901	920-498-6370

Technical College	Services Transition						
	Contact	Support	n	Address	Telephone #	TTY	Fax
				9042			
	Virginia Gutierrez Sign Language Interpreter virginia.gutierrez@nwtc.edu	x		<u>Green Bay Campus</u> 2740 West Mason Street P.O. Box 19042 Green Bay, WI 54307-9042	920-498-7963	920-498-6901	920-498-6370
Southwest Wisconsin	Paige Wegner Director, Student Services & Support Services pwegner@swtc.edu	x		1800 Bronson Boulevard Fennimore, WI 53809-9989	608-822-2353	608-822-2072	608-822-2671
	Marlene Klein Support Services Specialist / Instructor mklein@swtc.edu	x		1800 Bronson Boulevard Fennimore, WI 53809-9989	608-822-2630	608-822-2072	608-822-2671
	Robin Lenz Student Activities Coordinator rlenz@swtc.edu		x	1800 Bronson Boulevard Fennimore, WI 53809-9989	608-822-2450	608-822-2072	608-822-6019
	Lori Tuescher Support Services Specialist / Transition Coordinator ltuescher@swtc.edu	x	x	1800 Bronson Boulevard Fennimore, WI 53809-9989	608-822-2631	608-822-2072	608-822-2671
Waukesha County	Colleen Gonzalez Transition / Retention Specialist cgonzal4@wctc.edu	x	x	<u>Pewaukee Campus</u> 800 Main Street Pewaukee, WI 53072	262-691-5281	262-691-5293	262-691-5089
	Deb Jilbert Director Counseling, Special Services & Academic Support djilbert@wctc.edu	x	x	<u>Pewaukee Campus</u> 800 Main Street Pewaukee, WI 53072	262-691-5210	262-691-5293	262-691-5089

Technical College	Services Transition						
	Contact	Support	n	Address	Telephone #	TTY	Fax
	Donna Langwasser Senior Interpreter dlangwasser@wctc.edu	x		<u>Pewaukee Campus</u> 800 Main Street Pewaukee, WI 53072	262-691-5148	262-691-5088	262-691-5089
Western	Karen Gleason Director of Counseling & Support Services gleasonk@westerntc.edu	x	x	<u>La Crosse Campus</u> 400 Seventh Street North Post Office Box C-0908 La Crosse, WI 54602-0908	608-785-9834	608-785-9200	608-785-9834
	Kristina Puent Instructional Support Specialist puentk@westerntc.edu	x	x	<u>La Crosse Campus</u> 400 Seventh Street North Post Office Box C-0908 La Crosse, WI 54602-0908	608-785-9875	608-785-9551	608-785-9875
	Kristina Follansbee Deaf & Hard of Hearing Specialist follansbeek@westerntc.edu	x	x	<u>La Crosse Campus</u> 400 Seventh Street North Post Office Box C-0908 La Crosse, WI 54602-0908	608-785-9551	608-785-9551	608-785-9551
Wisconsin Indianhead	Benita Allen Dean, Student Services benita.allen@witic.edu			<u>Ashland Campus</u> 2100 Beaser Avenue Ashland, WI 54806	715-682-4591 Ext. 3136	715-468-7755	715-682-8040
	Cindy Utities-Heart Counselor / Disability Specialist cindy.utities-heart@witic.edu	x	x	<u>Ashland Campus</u> 2100 Beaser Avenue Ashland, WI 54806	715-682-4591 Ext. 3157	715-468-7755	715-682-8040
	Lori Denzine Disability Specialist lori.lau@witic.edu	x	x	<u>New Richmond Campus</u> 1019 South Knowles New Richmond, WI 54017	715-246-6561 Ext. 4393	715-468-7755	715-246-2777
	Christine Kerg	X	X	<u>New Richmond Campus</u>	715-246-	715-468-	

Technical College	Services Transition						
	Contact	Support	n	Address	Telephone #	TTY	Fax
	Counselor/Disability Specialist Christine.kerg@witc.edu			1019 South Knowles New Richmond, WI 54017	6561 Ext.4401	755	
	Lenore Knock Dean, Student Services lenore.knock@witc.edu			<u>New Richmond Campus</u> 1019 South Knowles New Richmond, WI 54017	715-246- 6561 Ext. 4301	715-468- 7755	715-246- 2777
	Todd Solberg Dean of Student Services / Disability Specialists Manager todd.solberg@witc.edu			<u>Rice Lake Campus</u> 1900 College Drive Rice Lake, WI 54868	715-234- 7082 Ext. 5277	715-468- 7755	715-234- 5172
	Heidi Diesterhaft Disability Specialist heidi.diesterhaft@witc.edu	x	x	<u>Rice Lake Campus</u> 1900 College Drive Rice Lake, WI 54868	715-234- 7082 Ext. 5522	715-468- 7755	715-234- 1241
	William Elowson Disability Specialist bill.elowson@witc.edu	x	x	<u>Superior Campus</u> 600 North 21st Street Superior, WI 54880	715-394- 6677 Ext. 6327	715-468- 7755	715-394- 3771
	Debbi King Dean, Student Services debra.king@witc.edu			<u>Superior Campus</u> 600 North 21st Street Superior, WI 54880	715-394- 6677 Ext. 6353	715-468- 7755	715-394- 3771

GLOSSARY OF COMMON TERMS AND ACRONYMS

ADA Americans with Disability Act, a Federal law that prohibits discrimination against people with disabilities in the areas of employment, public transportation services provided by state/local government, services and accommodations offered by private businesses, and telecommunication access for people with communication impairments

AFDCAid to Families with Dependent Children

AODA Alcohol and Other Drug Abuse

AT Assistive Technology

BIP Behavior Intervention Plan

BPTRBureau of Prevention Treatment and Recovery, formerly the Bureau of Mental Health and Substance Abuse Services; state bureau designated to promote and assist programs designed to help people with mental health challenges remain in the community

Case Manager . A person who organizes and coordinates services and supports for children with mental health problems and their families; alternate terms: service coordinator, care coordinator, facilitator.

CAP Client Assistance Program

CCS Comprehensive Community Services - a county-wide or tribal-based community mental health program since '04. Now available in a growing number of counties, providing psychosocial rehabilitation services across all ages to those who need more than traditional outpatient services but less than CSP, i.e. ongoing high or low intensity need for comprehensive services for those with either a mental health or substance use diagnosis.

CD Cognitive Disability

CESACooperative Educational Service Agencies – 12 regional statewide agencies with which schools can contract for services, such as speech pathology, etc., in effect sharing one staff person between several schools. CESAs have a grant from Dept. of Public Instruction to provide transitioning services to schools, if contracted by them to do so

CIPCommunity Integration Program

Co-op Cooperative Vocational Education Program

COPCommunity Options Program

CYSHCN . . Children and Youth with Special Health Care Needs (regional centers)

CSP Community Support Programs; designed to help maintain people with serious mental illness in the community via intensive support and services

CSTCoordinated Services Teams are forming in a growing number of counties to develop collaborative teams to serve children and youth from the substance abuse, mental health, and/or protective services systems.

DC 0-3 A diagnostic classification manual developed to more accurately describe the issues impacting children under the age of 4. This includes parent and child relationship issues, unlike the more adult oriented DSM IV.

DCFS Department of Children and Families is a new department and includes foster care and adoption, as well as other divisions

DD Developmental Disabilities

DHS Department of Health Services – a state department that includes BPTR

DPIDepartment of Public Instruction

DSM-IV . . . Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition (most current edition) of the American Psychiatric Association is the standard reference guide for mental health clinicians to reference criteria for a diagnosis; it is designed to provide uniformity. Ex.: “the individual has 3 (or more) of the following symptoms” and then lists specific symptoms that constitute a diagnosis. Also used by insurance companies and health care providers.

DVI Designated Vocational Instructor

DVR Division of Vocational Rehabilitation (in the Dept of Workforce Development)

DWD Department of Workforce Development, a state department that includes DVR, W2, etc.

Due Process A formal, legal way to resolve a dispute between parents and a school system about a child’s education program.

E4E Education for Employment

EBD Emotional Behavioral Disability (formerly ED) – term used by schools and DPI

ED Emotional Disturbance – see above

ED. Emergency Detention – under Chapter 51, an ED occurs when a law enforcement officer takes a Child (or adult) into custody because their recent actions pose a significant risk of harm to him/herself or others; he/she can remain under the ED for up to 72 hours during which time he/she will be assessed at a mental health facility and then released or held by court order for further assessment.

ESY Extended School Year; an option that can be included in an IEP that provides for summer school, etc.

FACETS . . Family Assistance Center for Education, Training and Support; statewide advocates funded by the U.S. Dept of Education.

FAPE Free Appropriate Public Education

FBA Functional Behavioral Assessment. FBA is a process for gathering information that can be used to determine why a person is exhibiting unacceptable behavior and what is needed to change it. See web site at: <http://cecp.air.org/fba/default.asp>

FVE Functional Vocational Evaluation is a process for gathering information about a person’s vocational abilities, interests, and needs in natural environments.

HEC Health and Employment Counseling Program

IDEA Individuals with Disabilities Education Act

IEP Individualized Education Plan – a legally binding, annual plan that describes what specific special education and related services a child is to receive.

ILC Independent Living Center

IPE Individualized Plan for Employment

IRWE Impairment Related Work Expenses

ISP Individualized Service Plan in Children’s Protective Services. Also an acronym for:

ISP Integrated Services Projects – county based wraparound process to serve children with severe emotional disorders, available in 21 counties. Also an acronym for:

ISP Individualized Treatment Plan

JTPA Job Training Partnership Act

LD Learning Disability

LEA Local Education Agency

LVEC Local Vocational Education Coordinator

LRE Least Restrictive Environment is the setting in which all children with disabilities have a right to be educated, with supports and services, and where their IEPs can be implemented.

MAPP Medicaid Purchase Plan

MHTAC . . . Mental Health Transition Advisory Council; a group made up of state staff from various departments, representatives from advocacy agencies, and parents that makes recommendations to DHFS, provides training, printed materials, and speakers.

Mediation . the process of having a trained person try to help parents and a school system reach an agreement.

NAMI National Alliance for Mental Illness provides information and resources for those affected by severe mental illness and their families.

NCLB No Child Left Behind; national legislation which reauthorized the Elementary and Secondary Education Act; has broad implications for education

Natural Supports . People and events which naturally support people in their environments

OCR Office of Civil Rights, part of U. S. Dept of Education responsible for enforcement of Section 504 of Rehabilitation Act of '73

OHI Other Health Impaired; category sometimes used to obtain services via an IEP.

OT Occupational Therapy

PACT Program of Assertive Community Treatment; a Dane County based Community Support Program (CSP) originally for adults, now accepting youth 15 and up. Its model has been used worldwide by other programs.

PASS Plans for Achieving Self-Support

PLOEP Present Level of Educational Performance.

PT Physical Therapy

RA Rehabilitation Act

SED Severe Emotional Disturbance – for purposes of ISP eligibility, criteria includes: 1) a mental health diagnosis, 2) involvement in at least 2 systems of care, and 3) at risk of placement outside the home.

SLD Specific Learning Disability (formerly just LD)

SSA Social Security Administration

SSDI Social Security Disability Insurance

SSI Supplemental Security Income

SSIE Supplemental Security Income – Exceptional Needs

STW School to Work

TAC Transition Advisory Council – county- based council to assist any child receiving special education services; organized by CESAs.

TAT Transition Action Teams – school district based teams organized by CESAs to help youth receiving special education services transition to adulthood.

WFT Wisconsin Family Ties, an agency providing information, resources, referrals, and advocacy for families of children with emotional and behavioral disorders.

WSPEI Wisconsin Statewide Parent-Educator Initiative

YA Youth Apprenticeship