

# Coordinated Services Team (CST) Initiative Statewide Project Directors' Meeting

Tuesday September 30<sup>th</sup>, 2014  
Holiday Inn Convention Center, Stevens Point, WI

**1. Welcome and Introductions** – Joyce Allen, Director of the Bureau of Prevention Treatment and Recover (BPTR) with the Division of Mental Health and Substance Abuse Services (DMHSAS)

## **2. State, Regional, and Training/Technical Assistance Updates**

### **a) Division of Mental Health and Substance Abuse Services Update – Joyce Allen**

- Joyce introduced the Division's newest staff member, Lucas Moore, who is the Adolescent Substance Abuse Treatment Coordinator.
- The Division has received permission to fill the supervisory position formerly held by Marie Danforth.
- Efforts continue to move all county CST contracts to January 1<sup>st</sup> fiscal contract years.
- The six counties currently not funded will have an opportunity to apply for funds beginning January 1<sup>st</sup>. Those counties include: Bayfield, Taylor, Outagamie, Winnebago, Burnett, and Rusk.
- Joyce announced an RFP for one-time funding to be used by established sites that need support to develop their data systems to meet the Program Participation System (PPS) reporting requirements.
- Expansion CST sites will not have the opportunity to carryover current contract funds into 2015. Sites need to make every effort to spend their funds. Please talk with your state CST contract administrator to discuss options.
- Comprehensive Community Services (CCS) update – there are nine approved regions to-date. The hope with the expansion is that the number of counties and tribes that offer CCS will double and that the number of people served will triple.
- Regional Crisis Grants – special focus on youth with Severe Emotional Disabilities (SED). One requirement of the grant is that the program collaborate with their CST initiative.
- Mobile Crisis Grants became available for counties in rural areas who are underserved and not MA certified. Follow-up announcements are expected to be made soon.
- The Request for Proposals (RFP) for Crisis Intervention Team (CIT) training for law enforcement officers has been released.
- The RFP to select a provider for the Child Psychiatric Consultation Line for physicians is out.
- At the Federal level – requiring states set aside 5% of mental health block grant funds to support youth at the time of their first episode of psychosis. An RFP is out to support one team to provide this service in Wisconsin.
- Now is the Time Grant has been awarded – focus is on youth who are at the age of transition. Pilot sites will be working with their expanded CCS programs; with a focus on how to engage youth in the mental health system and keep them in treatment during their transition to adulthood.

### **b) Statewide Tribal Gathering Update – Rebecca Wigg-Ninham, DMHSAS**

- A meeting for Tribal CST initiatives was held in Lac du Flambeau on August 27<sup>th</sup>. Twenty-seven individuals representing 10 tribes participated. Hosted by Lac du Flambeau. The morning's agenda included a welcome and prayer; an overview of the PPS system by Tim Connor; a presentation on CCS by Sally Raschick. In the afternoon, the group participated in a "Round Circle" discussion around the topics of Creating Partnerships, the Tribal Coordinating Committee, the importance of language and culture, and the sharing of experiences – both successes and lessons learned.

**c) Area Administration Update** – Angie Moran, DHS Area Administrator for the South and Southeast Regions

- Regional Area Administrators serve several roles. A primary role is act as a liaison between local counties and tribes and the Department of Health Services (DHS). They work across state divisions and departments; and have the knowledge and resources to connect with systems and departments within DHS. They also partner with the Department of Children and Families (DCFS).

**d) Training and Technical Assistance**

*Karen Bittner, DMHSAS shared an update*

- State staff in partnership with regional staff and White Pine Consulting have made initial contact with all but two of the new CST sites – either as part of a regional or site-specific discussion.
- State staff, area administrators, and White Pine staff have weekly meetings to plan for individual site training and technical assistance; as well as monthly meetings. The group will be planning for 2015 regional and statewide meetings and trainings during their November meeting.
- The spring regional meetings incorporated a skill-building workshop in the morning and a learning collaborative opportunity in the afternoon. Skill building topics included: developing creative plans of care, leadership for effective systems change, advanced team facilitation, and engaging natural and community supports. Handouts and information from each of the workshops can be found on the [wicollaborative.org](http://wicollaborative.org) website. 104 people participated in the spring regional meetings.
- Three fall regional meetings have taken place. Upcoming are the southeast regional meeting in Waukesha on October 6<sup>th</sup> and the western regional meeting in Eau Claire on October 23<sup>rd</sup>.

*Dan Naylor and Lori Martin, White Pine Consulting Service shared an update*

- Dan thanked the sites, state staff, and regional staff for their efforts.
- As Karen mentioned, in November we will be planning for 2015 regional meetings and workshops, including a new set of 2-day Care Coordination Fundamentals Workshops. Information as it becomes available will be posted on our website: [www.wicollaborative.org](http://www.wicollaborative.org).
- White Pine is organizing a CANS Reliable Rater training to be facilitated by Dr. John Lyons on Thursday, November 6<sup>th</sup> at the Best Western Midway Hotel in Wausau. Information including online registration will be on our website.

**3. Office of Children’s Mental Health (OCMH) Update** – Joann Stephens, Youth and Families Relations Coordinator

- The Office’s current focus is to determine what programs and supports exist in the state – what’s working well, and what’s not working well. The Office will then focus on system fixes, not program fixes.
- Reviewed handout – Wisconsin Office of Children’s Mental Health: Framework, Goals, and Activities (*please see “Office of Children’s Mental Health Update” handout for more information*).
- Collective Impact Kickoff planned for October 31<sup>st</sup>. Invitations will be sent by Kim Eithun-Harshner.
- Seeking parent and youth partners – if you have someone in mind, please contact the OCMH.
- Working on integrated data, with an ultimate goal of creating a statewide integrated data system.

#### **4. National Association of the Mentally Ill (NAMI) Update – Julianne Carbin, Executive Director**

- NAMI began as a group of women who had children with mental illness in Madison. In 1979 they held a national meeting attended by 300 people – by the end of the weekend, NAMI was formed.
- NAMI is a membership organization. Activities and educational programs are volunteer-run. Programs are free and open to the public.
- There are currently 32 chapters in Wisconsin providing advocacy, education, and support.
- Recently updated website: [www.namiwisconsin.org](http://www.namiwisconsin.org)
- New initiatives are focusing on youth and early-intervention, including: 90 minutes in-school “Ending the Silence” youth presentation, and youth writing and directing plays related to their mental illness.
- Encouraged extending an invitation for a representative of NAMI to attend CST regional meetings
- *Please see attached “NAMI Update” for more information*

#### **5. Wisconsin Family Ties (WFT) – Hugh Davis, Executive Director**

- Parent Peer Specialists – parents of children with emotional behavioral challenges, have lived experience. 92% of WFT staff also have children with intellectual/developmental disabilities.
- WFT has been involved with the CST initiative in Wisconsin from the beginning. In the past 6 months staff have attended 297 team meetings, 30 court hearings, and 154 Individual Education Plan (IEP) meetings.
- WFT conducts trainings for both families and providers.
- The Annual Family Fun Day sponsored by WFT will be at Mount Olympus Theme Park in Wisconsin Dells this coming July. 920 youth and parents attended the event this past July. Encouraged CST sites to support family attendance at this event.
- The Annual Children Come First (CCF) Conference will be November 10<sup>th</sup> and 11<sup>th</sup> at the Glacier Canyon Lodge at Wilderness Resort in Wisconsin Dells. The conference theme is: Fostering Resilience. Additional information including registration can be found at: [www.ccfconference.org](http://www.ccfconference.org). *(Please also see “CCF Conference Brochure” for more information)*
- The deadline to nominate individuals and organizations for the 2014 Children Come First Awards has been extended to mid-October.

#### **6. Values Driven Practice Approach for Youth and Families - Mary Jo Meyers, Deputy Director, and Ann Kelly, Supervisor with Wraparound Milwaukee**

- Mary Jo and Kelly discussed the importance of values-driven leadership, cross-system training, ongoing coaching and consultation, and transparent data in supporting a successful wraparound approach. They shared several examples of how to put the “values in action” in everyday work with youth and families. They also shared “lessons learned” from their work with Wraparound Milwaukee that included: make a plan, work through barriers, be specific and outcome oriented, celebrate successes, and use the wraparound principles as a compass.
- *Please see “Values Drive Practice” handout for more information.*

#### **7. Improvements in the CST Evaluation Plan – Tim Connor, Mental Health Evaluator, UW Population Health Institute**

- Overview of 2014 changes to the CST data collection plan
  - Transition to the PPS Mental Health data system
  - Restart CANS data submission for CST sites
  - Date describing mental health services will also be submitted

- Using the new data to evaluate performance
  - Evaluating youth’s level of need by history of mental health services
  - Evaluating CST’s use of community-based services for youth with intensive needs
  - Cost savings
  - Improvements in youth and families’ lives
- *Please see “CST Data Update” for additional information.*

**8. PROMISE Grant** – Jessica Thompson Smith (Project Manager) and Ellie Harman

- The PROMISE initiative is intended to improve services for youth SSI recipients and their families. The services help youth achieve better outcomes, including graduating from high school ready for college and a career, completing postsecondary education and job training, and obtaining competitive employment in an integrated setting. The hope is that youth can achieve long-term reductions in reliance on SSI.
- PROMISE is a joint initiative of the U.S. Department of Education, the U.S. Social Security Administration, the U.S. Department of Health and Human Services, and the U.S. Department of Labor.
- Wisconsin is one of six states participating in the demonstration project.
- *Please see “Promise Grant” handout for additional information.*

**9. Breakout Sessions**

- **Initial Coordinating Committee Meetings for New Sites**, facilitated by Dan Naylor, White Pine Consulting; Julie Johnson and Ashley Schmitt, Clark County CST Initiative; and Brenda Nash, Grandmother/Parent Member of Clark County’s CST Coordinating Committee
  - *Please see “Initial Coordinating Committee Meetings presentation handout for more information.*
- **Recruiting, Engaging, and Supporting Natural Supports**, facilitated by Sara Shaver, Compass Counseling / Columbia County’s CST Initiative
  - *Please see “Recruiting and Supporting Natural Supports” presentation handout for more information.*
- **Youth Centered Planning**, facilitated by Sally Raschick, Division of Mental Health and Substance Abuse Services, and Joann Stephens, Office of Children’s Mental Health