

Building a Child and Family Team

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Vision

Implement a **practice change** and **system transformation** in Wisconsin by having a strength-based coordinated system of care, driven by a shared set of core values.

Goal

Work to move the Wisconsin Systems of Care framework forward is focused on infusing the Coordinated Services Teams (CST) Initiatives framework, wraparound, and best practices for working with children and families in the Comprehensive Community Services (CCS) program.

CCS Recovery Teams

- CCS requires the consumer participate in identifying the members of their recovery team.
- Team must include the consumer, service facilitator, and mental health or substance use professional.
- Family, natural supports, advocates, and service providers also are part of the team.
- If consumer is a minor, a parent or legal representative must be included.

CCS Recovery Team Purpose

- Participate in the assessment and service planning process.
- Provide information.
- Evaluate input.
- Make collaborative recommendations.
- Respect the cultural norms of the consumer.

CST Child and Family Teams

Care coordinator assembles a team to:

- Assess the strengths and needs of the child and their family's need for treatment, education, care, and support.
- Coordinate and facilitate the team.
- Develop a plan of care to meet the unique and holistic needs of the child and family.

Benefits of Teaming

- Uses team effort (I am not alone).
- Focuses on strengths and solutions.
- Prioritizes family involvement and support.
- Keeps connections with schools, social workers, and other service providers.
- Encourages communication among service providers.

Benefits of Teaming

- Accesses the bigger picture of what's happening with the child.
- Increases the amount of resources and support available.
- Coordinates efforts and services to families.
- Works toward a common goal with individuals who have different suggestions.

Keys to High-Quality Teaming

- Involve youth and family in the development of the team.
- Incorporate cultural practices and values throughout the process.
- Engage and integrate natural supports in an active manner.
- Develop statement of team mission based on consumer priority needs.

Keys to High-Quality Teaming

- Brainstorm individualized strategies to meet needs.
- Involve consumer in community activities.
- Link parents/caregivers to social supports.
- Develop proactive safety and wellness plans.
- Ensure team members follow through on tasks.
- Develop effective transition plans.

Phases of Wraparound

- Phase 1 – Engagement and team preparation
- Phase 2 – Initial plan development
- Phase 3 – Implementation
- Phase 4 – Transition

Phase 1 – Engagement and Team Preparation

- Orient and engage youth and family.
- Gather perspectives on strengths and needs
- Assess for safety.
- Explain the wraparound process in a way that encourages participation.
- Identify, invite, and orient team members.
- Complete family narrative in a comprehensive manner using the Child and Adolescent Needs and Strengths Tool (CANS).
- Arrange initial team meeting.

Phase 2 – Plan Development

- Hold an initial wraparound plan development meeting.
- Introduce process and team members, and establish ground rules.
- Present strengths and agreed-upon family narrative.
- Solicit additional strength information from team.
- Lead team in reviewing family vision and team mission (goals of team/plan).

Phase 2 – Plan Development

- Introduce and prioritize needs statements.
- Lead team in brainstorming strategies to meet needs.
- Choose the best brainstorming ideas, building from team strengths.
- Solicit or assign volunteers.
- Lead the team to decide on ways to measure progress.
- Review and add to crisis/safety plan.
- Schedule future meetings.

Best Practices for Meaningful Youth Participation

- Provide organization support for participation.
- Create a safe and respectful meeting environment.
- Ensure the youth is part of the team.
 - What the youth says matters and has an impact on decisions.
 - Youth's strengths, talents, and achievements are a focus.
 - Everyone, including the youth, understands decisions and next steps.

Characteristics of Team Members

- Selected by the consumer for involvement
- Have a role in the life of the consumer
- Supportive of the consumer
- Understand and respect each other's strengths, roles, and limitations
- Committed to participate in the process, including planning
- Approved for membership by the parents and youth

Informal and Natural Supports

- Emphasize the importance of natural supports.
- Help the consumer identify his or her natural supports.
 - Who is the first person you call in a crisis?
 - Whom do you trust?
 - Who has been helpful to you in the past?
 - Do you have neighbors who assist you?

Wraparound Values and Principles

- CST is a framework for the wraparound values and principles.
- These values and principles are modeled at the service team and community levels.
- CCS is a service program that uses recovery principles and person-centered planning to meet the needs identified in the assessment.

System of Care and Wraparound Values and Principles

- Best practice for children, youth, and families who struggle with mental wellness
- Consistent with the systems of care framework
- Holistic approach built on the values of family voice and choice and unconditional care
- Formal and natural supports included
- Community based and family/youth driven
- Culturally and linguistically humble, strengths based

Family Outcomes

- Families have increased confidence in their own abilities.
- Families have a sense of connection to various team and community members.
- Families know what to do if things go wrong.
- Families are able to recognize their sense of progress since beginning wraparound.

Questions

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