SMART Objectives & **Performance Measures** for CST Contracts

Wisconsin Department of Health Services – Mike Derr Division of Mental Health and Substance Abuse Services April 14, 2015 – CST Project Director's Conference

WHAT IS A 'SMART' **OBJECTIVE?**



SMART Objectives

• <u>S</u>pecific

- Concrete, observable, behavioral, not vague or ambiguous, include "for whom?"
- e.g., sampled bar, restaurant, grocery and convenience store sales of alcohol to minors based upon compliance checks
- e.g., successfully complete treatment as evidenced by: full attendance; duration of treatment aligns with plan; sustained good progress; discharge plan developed

Measureable

- Quantifiable, numeric, "how much?"
- e.g., reduce $\it sales$ from 36% to 25%
- e.g., 60% of clients will successfully complete treatment

- Realistic, reachable
 e.g., stakeholders agree that contacts, materials and educational efforts will be sufficient to achieve at least an eleven point decrease in sales

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SMART Objectives (cont.)

<u>R</u>elevant

- Meaningful, legitimate, agreed to
- e.g., Research has demonstrated that merchant underage alcohol law compliance checks reduce sales of alcohol to minors; reduced availability of alcohol to minors will have an overall positive impact on underage drinking

• <u>T</u>ime-bound

- Scheduled, dated, "by when?"
- e.g., By December 31, 2013, reduce bar, restaurant, grocery and convenience store *sales* of alcohol to minors based upon sample compliance checks from 36% to 25%
- e.g., Percentage of treatment plans successfully completed will increase by 20% during the contract's 2nd year.

SMART Objectives Exercise

- What is not SMART about these sample project objectives, and how could they be made SMARTER?
- Two counties will integrate their CST programs by Dec. 31, 2015.
- 2. Increase the number of children served under CST by 25%.
- 3. During the contract period [CY 2016], children enrolled in CST services will improve their school performance and attendance.

Performance Measure Categories

• Access:

• e.g., # to be served; wait time



• Effectiveness/Outcome:

 e.g., service engagement; symptom reduction or control; functioning; competence; fidelity; alcohol sales to minors

Performance Measure Categories (cont.)

- Participant satisfaction:
 - e.g., overall satisfaction; satisfaction with a particular service component



- Efficiency (contract administrator discretion)
- e.g., percent of budget expended; cost per participant; non-grant revenue obtained; percent of expenses that are for direct services

<u>Uniform vs. Program-Specific</u> <u>Performance Data</u>

Across-the-board: No. served; Pct. satisfied; level of objective achievement; Pct. of budget expended

- Program-specific:
- Offense/underage drinking recidivism rate
- Pct. of children/families successfully completing treatment plan
- Pct. of children improving school attendance/performance
- CST Coord. Committee membership meets s. 46.56 requirements
- Pct. of families in need of CST services who are served
- Amount of collaboration with other agencies & service providers
- No. of parents who participate in CST program (i.e., committees)

CST Evaluation: Indicators

- s. 46.56(14): DHS shall evaluate CST initiatives funded under Section 46 of Statues, to focus on following information:
- 1. No. of days enrollees spend out-of-home vs. non-enrollees
- 2. Changes in problem behaviors before/after enrollment
- 3. Compare school attendance & performance before/after enrollment

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CST Evaluation: Indicators (cont.)

- 4. Compare recidivism rates of enrollees w/delinquent history
- 5. Parent and child satisfaction w/ CST initiatives
- 6. Types of CST services and their costs
- 7. Systems change and sustainability plans under s. 46.56(3)(d)

Using CST Evaluation Indicators to create Outcome Performance Measures

Workshop Exercise



Thanks for Participating! Good luck with CST SMART Objectives!

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