

The Coordinated Services Team Initiative Training and Technical Assistance (T & TA)

1. T & TA Activities Available to all Sites

- As-needed consultation
Division of Mental Health and Substance Abuse Services (DMHSAS)
Karen Bittner
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- Regional CST Meetings
- Statewide CST Meetings
- Web-based opportunities – White Pine Consulting’s site: www.wicollaborative.org, and the DMHSAS website: http://www.dhs.wisconsin.gov/mh_bcmh/CST/index.htm
- Peer mentorship opportunities
- Statewide conferences

2. Onsite Technical Assistance

Many newly funded sites and some existing sites will have onsite technical assistance available to them. Examples of activities may include:

Onsite and offsite support related to the CST development process

- Overview of CST for agency / community partners
- Support for administrators, project coordinators, and service coordinators
- Promotion of mentoring and networking opportunities

Assistance in the development and expansion of the Coordinating Committee

- Overview of CST for the Coordinating Committee
- Development of policies and procedures
- Attendance at initial Coordinating Committee meetings to support committee development

Onsite and offsite support to CST Project Coordinator and Service Coordinators

- Support regarding service coordination and team facilitation responsibilities and skills
- Administrative, supervisory, and project coordination support and coaching
- Promotion of mentoring and networking opportunities

3. T & TA Activities Which May Require State Approval

- On-site consultation / technical assistance for sites that operate independently, based on tools such as the CST Legislative Checklist, sites’ Work Plans, and the Annual CST Survey.
- Request form is available at www.wicollaborative.org (follow “Training and Technical assistance” link, then “Request for Additional T & TA”), as well on DMHSAS website: http://www.dhs.wisconsin.gov/mh_bcmh/CST/index.htm

Essential Training and Increased Skill Building

“Essential Training” topics are considered necessary for sites developing CST. Workshops and training may be available in multiple formats, depending on topic.

- General Overview of CST in Wisconsin

For Administrators, Managers, and CST Project Coordinators:

- CST Legislation Overview (SS 46.56)
- Contract Requirements
- Financial and Philosophical Sustainability of CST

For Coordinating Committee / Community Partners

- Overview of CST / Coordinating Committee Orientation

For Care Coordinators and Project Coordinators

- Care Coordination Fundamentals Workshop
- CANS Reliable Rater Certification
- Client Data Reporting – PPS
- Introduction to Engaging Natural and Community Supports
- Introduction to Advocacy / Peer Support
- Family-Driven and Youth-Guided Care

“Increased Skill Building” topics are considered non-essential for getting started, but should be promoted for ongoing education and skill development. The goal is to have overviews on each topic available via web video, and to offer in-person workshops at each of the 10 regional meetings that will occur in 2014. Possible topics include:

- Advanced Facilitation Skills
- Advocacy and Peer Support (possible certification)
- Planning for Crisis
- Conflict Management
- Leadership for Effective Systems Change including supervision and coaching
- Developing Creative Plans of Care
- CST Practice in the Child Welfare System
- CST Practice in the Juvenile Justice System
- CST Practice in the Educational System
- Trauma-Informed Care
- Targeted Case Management
- Coordinating Committee – ongoing development and expansion
- Motivational Interviewing