

SUPPORT AND ADVOCACY FOR YOUTH AT SCHOOL

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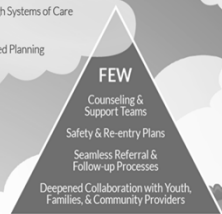
Objectives

Overview of the School Mental Health Framework
Motivating school staff and leaders to engage in teams
What CST can offer schools
Practical tools to support students and families with complex needs



School Mental Health Framework and Students with Complex Needs

Linking with Systems of Care
Appropriate Information Sharing
Continuous Communication Loop
Supported Navigation through Systems of Care
Wraparound Support
Family-Driven & Youth-Guided Planning



What CST can offer schools:

- Opportunities for youth and family driven decision making
- Effectiveness of teaming with students with complex needs
- Consultation
- Improve caregiver and school relationship
- Crisis plans/safety plans (Emotional Regulation Plans)



Motivating School Leaders and Staff

- Defining the role of the staff
- Timing and location of meetings
- Perspective shifts... "what if teachers are doing the best they can"
- Balancing needs of the individual student and the learning environment
- Maximizing in classroom learning time
- Tools to manage MH issues and crisis



CST Coordinator as a Coach

- Coaching parents
- Coaching teachers and leaders
- Focusing on realistic expectations on both sides



Practical Supports for Students with Complex Needs

- Emotional Regulation Plans
- Crisis/safety planning
- Post crisis debriefing
- Re-entry planning
- IEP and CST plans Integration



Laying the Foundation for Parent Collaboration Moving Forward

