Notes from Northern Regional CST Meeting

March 8th, 2016

Rhinelander, WI

* Welcome and Introductions
* State, Regional, and White Pine Consulting updates
  + State Updates
    - Lucas Discussed notes from “2016 Regional Meeting Updates” document
      * System of Care Work
      * Federal Guidance on MHBG
      * CST Annual Report
      * Statewide My Feelings Matter Poster Contest
      * CST Statewide Meeting Plans
  + Regional Updates
    - True Lor spoke about how another Human Service Area Coordinator will be joining the first week of April.
* Skill Building Workshop/Small Group Activities
* Lunch
* Prioritize Issues Basket: Large Group Process/Discussion
  + Attendees identified topics they would like to discuss and small groups worked to provide input and feedback to the following scenarios:
    - “Not following through with objectives towards goal”
      * Discussion
        + Find out what are the barriers are that may be preventing the follow through.

Example – parent missing and canceling appointments

Team member willing to bring parent to appointment

* + - * + Child not motivated to work on goal

Establish a reward system

Find a team member that could support and assist

* + - * + Team member/friend not working on their responsibility towards goal

Refer to task/duty on plan of care

Look to other team members or find team member with strength to fulfill alternate or resource person

* + - “Confusion of expectations placed on youth”
      * Discussion
        + Extra/specialized help may be needed
        + A plan needs to implemented using age appropriate terms/verbiage
        + Agreements/compromise/rewards
        + Attainable goals
    - “Unrealistic expectations placed on youth”
      * Discussion
        + Make expectations based on talents and interests
        + Identify “needs”/”strengths” of child and team
        + “reinvent the wheel”

If something’s not working, try another way

* + - “Keeping team members positive”
      * Discussion
        + Ask parent what was tried and when
        + Provide choice
        + TIC
        + Team uses CST Coordinator as sounding board/peace maker
    - “Accountability of team member commitment to process”
      * Discussion
        + Revisit roles

Value of each person

* + - * + Adjust goals
        + Address the issue but don’t make it a goal
        + Change who can manage the goal
        + Give the family the option to opt out or re-commit
        + Find out if there are barriers
        + Ask how the process can work better for them
        + Have team members sign commitment
    - “How do you handle competing agendas and differences of opinion?”
      * Discussion
        + Validation
        + Prioritize with timeframe

Basic needs first

Simplify (find common concerns)

* + - * + Reach consensus

Explain the “why”

Not all members of the team may have pertinent information

* + - “Removing a team member per request”
      * Discussion
        + Set up individual meetings

Get everyone’s perspective and voice

Prepare for potential interaction in the future

Re-visiting meeting rules and goals

* + - * + Do a pro and con list; focus on prioritizing needs of the youth
        + Possibly get other opinions of individual in question from other natural and formal supports involved
* Closure
  + Project Director Meeting: Tuesday, April 19th in Stevens Point
  + Next Regional Meeting: Tuesday, July 26th